## **NO PLACE FOR FEAR**

2 *Timothy 1:7* For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Fear has a voice and it will suggest to us many things. Thoughts that lead to an expectation that things will go wrong in our day, that we cannot expect to succeed in our endeavours, to expect the worse.

The apostle Paul shows us that fear is a spirit. It is not just an emotion or a feeling, but behind every thought that seeks to rob us of our confidence and our trust in God is a spirit which seeks to influence our lives and undermine our faith in God's love for us.

When we know with assurance in our hearts that God loves us, fear has no place. *Ephesians 4:27* says "...nor give place to the devil." We have the ability with God's help, as well as the responsibility, to police our lives and to keep out of our minds negative thoughts that would often try to intrude and are contrary to His word.

In the days when I struggled with the enemy of fear, many times from my first conscious thought in the morning, fear would be waiting to fill my mind with negativity and steal my expectation that God was more than enough to meet my every need. When I began to answer the devil with God's word, like Jesus did when tempted by the devil in the wilderness, I found the power I needed to silence him and put him on the run. God's word is seen in Matthew 4:1-11 as the number one weapon God has given us to overcome the devil.

Jesus said in *John 14:30 Amplified Version* '...the prince (evil genius, ruler) of the world is coming, and he has no claim on Me. (He has nothing in common with Me; there is nothing in Me that belongs to him, and he has no power over Me).

He also said in *Luke 10:19* "Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you." His words apply to us today and gives us the confidence we need to resist fear and overcome it.

Today, let us live in the knowledge that through the power God has given us, we can shut the door on fear and give it no place in our lives.

Uproot all traces of fear. Refuse to entertain doubt and uncertainty. Those thoughts are not based on My word. Drive them out and build your life in strength on the foundation that cannot faith, that cannot crumble, the foundation of My word. Then when the tempter comes with a stormy blast you have a retreat, a refuge. You are protected and secure in Me.