PUT IT IN HIS HANDS

1 Peter 5:7 Casting all your care upon Him, for He cares for you.

Can we believe that not only is the Lord the keeper of our lives, but that we can entrust to Him every care and concern, no matter how small or how large?

One day a friend explained to me how upset she had been over the unkind words of a client. Each time she would reflect on the words spoken she would relive the situation. The words that had wounded her heart initially would cause pain all over again. I encouraged her that day to walk in an attitude of love towards this person and to put the matter completely in God's hands. She chose to cast the care of the situation over onto God, and within a short time her joy had returned. She smiled and said, "I feel so much better!"

Sometimes we struggle seeking to find a solution to our problems but in the process discover we can no more make progress than by trying to lift ourselves off the ground by our own shoelaces!

When by faith we put the things that cause us concern in His hands our load is lightened. We move from fear to faith and our hearts are filled with the anticipation that the God who created the universe and sustains all things by the word of His power, is ordering our world and is ready to help solve our problems and meet our needs.

In casting our care on Him we discover more and more the greatness of His love for us, and in place of anxiety we find His peace which passes all understanding.

What an invitation God gives us to enjoy a care free life!

Let us choose today to put those things that would cause us alarm in His hands. Put them there and leave them there. Though we don't know how He will resolve those issues, we can trust Him and go on our way rejoicing. All the while you are wrestling with your problems I am unable to work effectively on your behalf. I am aware of your need and know the solution. I see the smallest details of your life and nothing escapes my sight. Will you trust Me? Will you place the matter in My hands? As you choose to do this I will move through your obedience. As you give heed to My word and choose to obey it, your heart will find rest in Me. You will receive wisdom and understanding and be able to think clearly about the matter. That which caused you concern will be resolved and it will be because you have ceased striving and have entrusted it to my care.