

## LEAVE THE PAST BEHIND

*Matthew 11:29* Take My yoke upon you, and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light.

We may look at others with admiration when they do things so proficiently. We may say, "I could never do that!" Yet, if we add time, patience and study together, we may also find we are able to do many things we have thought were beyond our ability.

My parents felt this way about learning to drive a car. It wasn't a pressing need for them, yet had they been willing to learn, things in our family would have been quite different. Instead of being limited to public transport or a bicycle ride through the years that I lived at home, we could have gone places and done things we never were able to without a car.

It may seem that we can never overcome the fears that trouble our minds and visit us often and stay around like unwelcome guests. We have learned and developed those fears over perhaps many years. Fear is the opposite of faith. It has a habit of looking ahead and focusing on the negative not the positive things of life. But fear can be banished from our lives and replaced with a steadfast faith in God.

Do I know what I am talking about? Yes, because fear at one time was such a normal part of my life. I thought I could never be any different and could not see myself living in freedom from it.

But with God, all things are possible! He has made a way for us to walk in freedom from fear and from every oppression of the enemy.

To find freedom from fear, my number one need was to renew my mind to God's word. When my thoughts were replaced with God's thoughts, light came into my heart and the lies of the enemy were exposed. They lost their power over me.

Fear has been described as *False Evidence Appearing Real*. It is a facade, a lie. Yet, how many times I had allowed fear to dominate my life. Today I praise God that those days are over!

Fear is believing the lies of the devil. It is a form of unbelief and as such we need to repent of it.

Repentance means an about turn and a willingness to change our minds. If you choose to reject every fear filled lie and replace it with a faith filled promise from God's word, you will walk out of the bondage of fear into the glorious liberty that belongs to you as a child of God!

---

Let Me be your first thought. The first thought of your day and the first thought in all your endeavours. This will enable you to prioritise your life, to give Me first place in all you do.

You will give Me entrance into all your activities and your agenda. I will orchestrate the events of your life. I will go before you and prepare the way where you will walk. Your steps will be sure and steady. Fear and confusion will have no place and your way will be prosperous because you have honoured me and have put Me first.