

FROM A BIRD'S PERSPECTIVE

Matthew 6:26 Therefore I say to you, do not worry about your life... Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?

I once had a book mark with a short poem printed on it that has spoken to me through the years. It read as follows: "Said the robin to the sparrow, 'I would really like to know, why these anxious human beings rush about and worry so.' Said the sparrow to the robin, 'Friend, I think that it must be that they have no heavenly Father such as cares for you and me.'"

How sad we would feel if our children constantly questioned our love for them and doubted our willingness to provide for their needs. Perhaps that thought will give us a little insight into how our heavenly Father must feel when day by day we slip into the rut of worry that we have grown accustomed to, and by doing so doubt His loving care.

In my journey from fear to faith I learned to trust Him more. The Lord frequently drew my attention to the scripture where Jesus said, "You are of more value than many sparrows." (*Matthew 10:31*) I would reflect on this time and time again. In the knowledge of His tender loving care for me and the fact that He placed such value on my life, fear gradually lost its grip. Day by day when opportunities for fear would come, instead of dwelling on the things that would have once troubled my heart, I would find rest and peace as I reflected on God's unfailing love. Over time my weakness in that area was replaced by God's strength and the day came when, as I looked back, I observed what He had done. His work in me continues as daily He takes me from strength to strength. Trusting God is the lifestyle He has called us to for, "The just shall live by faith." (*Romans 1:17*)

Will you take His extended hand today and let Him also lead you out of the fear that perhaps you have grown accustomed to and into the freedom and joy of a heart that is convinced and settled in the knowledge of His love. If the birds of the air can trust Him, how much more should we?

Quiet yourself in the midst of your much activity and rest in Me. Perfect peace and overflowing joy is yours as you wait in My presence. Know that the past, the present and the future is in My hands so you can face each day with confidence as you rest in the knowledge of My love for you. My love for you is always the same, it never changes. It's the one constant thing you can count on everyday. I am near to you and always available to come to your aid and meet your every need. So rise up in My strength as you venture into your day.