

A HEART AT PEACE

Philippians 4:6,7 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God, and the peace of God, which surpasses all understanding, will guard your heart and minds through Christ Jesus.

In the midst of a troubled world how wonderful to know we can enjoy the peace of God. Instead of being anxious we can choose to trust Him when trials come. Living on planet earth, troubles come our way but we can find our refuge in the Rock of Ages, for He is our shelter in the time of storm. *Psalm 61:2* says, "Hear my cry, O God; attend to my prayer. From the end of the earth I will cry to You; when my heart is overwhelmed; lead me to the rock that is higher than I. For you have been a shelter for me, a strong tower from the enemy. I will abide in Your tabernacle forever; I will trust in the shelter of Your wings." Victory over fear today positions us to overcome fear tomorrow. From these verses we see David had discovered this. His heart was at peace and filled with the assurance that his protection from the onslaught of any enemy was found in abiding in the presence of God.

Our Lord Jesus encourages us with these words, "These things I have spoken to you that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."

Dwelling on the words of Christ we find our peace in Him. Yes, troubles will come but our trust is not in ourselves or our own ability. Our trust is in Him. The world overcomer lives in us! When we trust in Him we cannot fail, because He lives out His life in us and teaches us by His Spirit how to overcome every difficulty, as He did, when He walked the earth. *Hebrews 2:18* says, "For in that He Himself has suffered being tempted, He is able to aid those who are tempted."

It is great to watch a storm over the lake, especially at night time from the safety of our cottage on the shore of Lake Huron. Wind howls, waves crash against the rocks, rain pelts down onto the windows and drums on the roof, but we are calm, safe and dry inside. There may be times when a storm rages on the outside, in our circumstances, yet our hearts can be tranquil, at peace and undisturbed, secure in our place of refuge in Jesus.

Trust in Me at all times. Walk by faith and you will see the fulfillment of My promises, the word I have spoken concerning your life. Each day, receive My word into your heart and build your life upon it. You will discover it is a firm foundation upon which to build your life that will not fail you. Through times of testing you will stand strong for My word will support and uphold you. You will have confidence in the midst of difficulty and a heart at peace, for I will lead you and guide you through to victory.